

¹ Department of Cardiology, MAX Super Specialty Hospital, Bathinda, Punjab, India.

² Department of Cardiology, Aster Hospital, Mankhool, Dubai, Al Quasis, United Arab Emirates.

³ Department of Biological Sciences, Purdue University, West Lafayette, United States.

Artificial intelligence in coronary physiology: where do we stand?

Inteligência artificial na fisiologia coronária: onde estamos?

Rohit Mody^{1ID}, Debabrata Dash^{2ID}, Deepanshu Mody^{3ID}

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ABSTRACT - The use of invasive coronary physiology to select individuals for coronary revascularization has been established in current guidelines for the management of stable coronary artery disease. Compared to angiography alone, coronary physiology has been proven to improve clinical outcomes and cost-effectiveness in the revascularization process. Randomized controlled trials, however, have questioned the efficacy of ischemia testing in selecting individuals for revascularization. After an angiographically successful percutaneous coronary intervention, 20 to 40% of patients experienced persistent or recurrent angina. Artificial intelligence is defined as the usage of various algorithms and computational concepts to perform the complex tasks in an efficient manner. It can be classified into two types: unsupervised and supervised approaches. Supervised learning is majorly used for the regression and classification tasks, and in this optimized mapping between output variables and paired input is carried out to perform the tasks. In contrast to this, unsupervised learning works in the different manner. In unsupervised learning, output variables data is not available and further clusters and relations between input data are found out by using the various algorithms. To acquire more abstract representation of data, deep learning technology, which uses the multilayer neural networks, dominates the artificial learning nowadays.

Keywords: Artificial intelligence; Coronary artery disease; Physiology; Percutaneous intervention coronary; Algorithms

RESUMO - O uso da fisiologia coronariana invasiva na seleção de indivíduos para revascularização coronariana foi estabelecido nas orientações atuais para manejo da doença arterial coronariana estável. Em comparação com a angiografia isolada, a fisiologia coronariana provou melhorar os resultados clínicos e a relação custo-efetividade no processo de revascularização. Ensaios controlados randomizados, no entanto, questionaram a eficácia do teste de isquemia na seleção de indivíduos para revascularização. Após uma intervenção coronária percutânea com sucesso angiográfico, 20 a 40% dos pacientes apresentaram angina persistente ou recorrente. A inteligência artificial é definida como o uso de vários algoritmos e conceitos computacionais para realizar tarefas complexas de maneira eficiente. Pode ser classificada em dois tipos: abordagens não supervisionadas e supervisionadas. O aprendizado supervisionado é usado principalmente nas tarefas de regressão e classificação, e nele é realizado um mapeamento otimizado entre variáveis de saída e entrada pareadas para executar as tarefas. Em contraste com isso, o aprendizado não supervisionado funciona de maneira diferente. Nesse aprendizado, os dados das variáveis de saída não estão disponíveis, e outros *clusters* e relações entre os dados de entrada são descobertos, usando-se vários algoritmos. Para se adquirir uma representação mais abstrata dos dados, a tecnologia de aprendizado profundo que utiliza as redes neurais multicamadas domina o aprendizado artificial atualmente.

Descritores: Inteligência artificial; Doença da artéria coronariana; Fisiologia; Intervenção coronária percutânea; Algoritmos

INTRODUCTION

Despite the rapid advancement of technology, each major breakthrough has the potential to transform a wide range of facets of civilization.^{1,2} Miniaturized technologies and smartphone apps have made it an ordinary practice to receive constant streams of personalized information.^{3,4} Artificial intelligence (AI) in medicine, particularly in cardiovascular imaging, also has enormous potential.^{2,5,6} Imaging technologies allow us to obtain unlimited information about the structure and function of the heart.⁷

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Corresponding author

Rohit Mody
MAX Super Specialty Hospital
Mansa Rd, Guru Ki Nagri, Bathinda
Zip code: 151001 – Punjab, India
E-mail: drmody_2k@yahoo.com

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Imaging methods have also grown dramatically in tandem with the technological revolution.^{5,8} Existing procedures are given new parameters, allowing researchers to learn more about the heart performance.^{7,9,10} Are more data points advantageous if they cannot be utilized in clinical practice?¹¹ Prioritizing the information needed for medical management is preferable to having an overabundance of data points.

Using AI in cardiovascular imaging helps bridge the gap between new technology and massive data.¹²⁻¹⁴ In cardiovascular imaging, machine learning (ML), a branch of AI, is particularly relevant since it can analyze vast volumes of information in a variety of ways.^{1,15,16} Machine learning can bring together data from a range of sources and display it in a way that is useful to the practitioner.^{13,14} Automated measurements in multiple imaging modalities can also be performed by the system.^{17,18} Precision medicine will benefit from the rise of AI. Artificial intelligence and machine learning in cardiovascular imaging are discussed in this review article.

LIMITATIONS OF FRACTIONAL FLOW RESERVE PULLBACK

Cross-talk between several stenoses or extensive illness in the same vessel limits the use of fractional flow reserve (FFR) for pressure wire pullback. Due to the hemodynamic properties of a subsequent stenosis restricting the maximum flow across a single stenosis in the presence of persistent hypertension, it is common for clinicians to grossly underestimate the true severity of each stenosis.^{19,20} Hyperemic flow and, thus, the pressure drop across the second stenosis will increase once one stenosis is corrected. For pullback assessments, FFR is less suitable because of these hemodynamic properties, especially in tandem stenoses or diffusely damaged arteries.

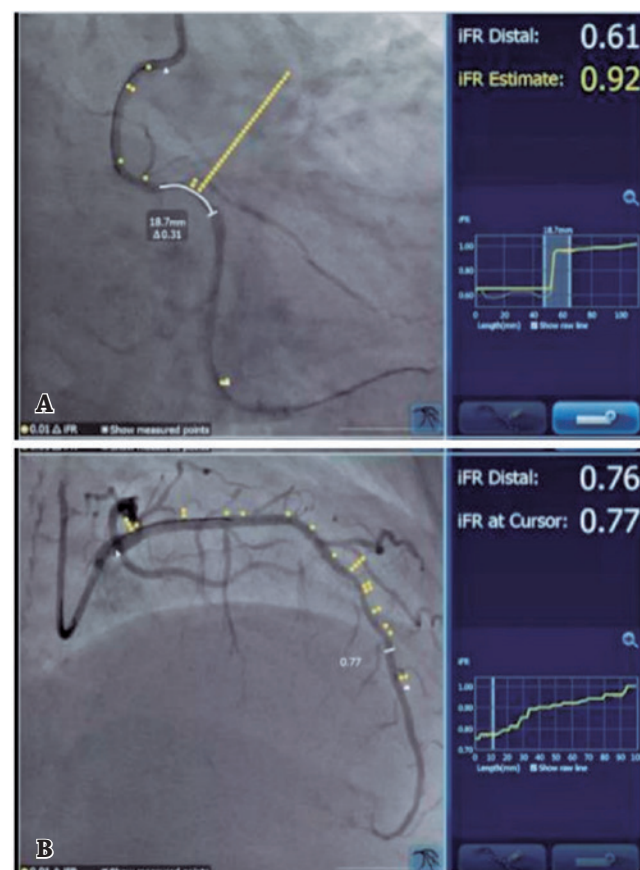
INSTANTANEOUS WAVE-FREE RATIO PULLBACK WITH CO-REGISTRATION

As stenosis severity increases, coronary flow is maintained until the channel is almost totally blocked under resting conditions.²¹ In such conditions and no prior hyperemia, the pressure wire pullback assessment is less susceptible to hemodynamic dependency between successive stenoses within a single artery.

Relatively simple resting indexes such as instantaneous wave-free ratio (iFR), which are determined on a beating basis, provide for a high-resolution physiological map during the pullout of pressure wires.²² Instantaneous wave-free ratio pullback can guide intervention by emphasizing stenosis that provides the highest pressure drop inside the artery, through quantification of the pressure gradient at each point in the vessel. Using this technology to avoid the stenting of vessels that do required implants,

but appear significant on an angiogram is equally critical. Thus, the iFR pullback allows the coronary artery disease (CAD) pattern to be described as focused, diffuse, or a mixture of them.

It is now possible to trace the flow of the pressure wire through the vessel in real-time under continuous fluoroscopy in the next generation of this technique, iFR co-registration. The pressure drop at any specific stenosis can be visualized on the patient's angiogram, using data from an iFR pullback maneuver that has been co-registered with the coronary angiography (Figure 1A).²³ Another benefit of using iFR is the ability to construct unique stenting procedures to accurately anticipate post-percutaneous coronary



Source: Al-Lamee et al.²³

iFR: instantaneous wave-free ratio.

Figure 1. Instantaneous wave-free ratio co-registration images. The yellow dots overlying each angiogram correspond to the location of a 0.01 instantaneous wave-free ratio pressure drop. (A) A focal stenosis in the right coronary artery. The operator has specified the planned stented segment, which results in a predicted physiological gain of 0.31 instantaneous wave-free ratio unit, resulting in an estimated post-percutaneous coronary intervention instantaneous wave-free ratio of 0.92 for the vessel. (B) A diffusely diseased left anterior descending artery. The cursor may be moved to any given location in the vessel to determine the estimated instantaneous wave-free ratio at that position.

intervention physiological outcomes. Operators can now plan their preferred stenting method to maximize the physiological gain per stented segment (Figure 1B).²³

Several areas of cardiology, including coronary physiology, have experienced an increase in the prominence of AI. Due to signal drift or aberrant waveforms, roughly 30% of coronary physiology data is discarded following core laboratory assessment.²⁴ Artificial intelligence has been proposed as a method to detect irregular waveforms in real-time and inform interventionists. Damping can be detected quickly and accurately (98.7% to 99.4% accurate) by utilizing neural networks for arterial waveform analysis, demonstrating how machine learning can help ensure the quality and safety of normal clinical practice.²⁵ To find out whether neural networks can be taught to advise optimal revascularization sites based on physiological and pullback data, more research is needed.

Novel physiological evaluation approaches that do not require the addition of pharmacology or the use of a coronary wire are also something we expect to become standard practice in the near future, since they will benefit the user experience as well as the overall quality of care. FFR employs a three-dimensional angiographic reconstruction of the stenosed conduit and the contrast flow frame count to estimate the quantitative flow reserve (QFR). Studies have demonstrated that QFR can detect functionally substantial stenosis,²⁶ and that post-percutaneous coronary intervention (PCI) QFR may have predictive significance.^{27,28} These novel methods, in conjunction with FFR-computed tomography (CT),²⁹ may enable a less risky evaluation of CAD from anatomical and physiological perspectives.

When evaluating prognostic endpoints, it is important to keep in mind that many cardiac events arise from non-significant lesions angiographically or physiologically. Non-culprit coronary lesions with high-risk features, such as thin-cap fibroatheromas or large plaque volumes, were found to be the majority of those responsible for major adverse cardiac events following acute coronary syndrome (ACS), according to the PROSPECT (Providing Regional Observations to Study Predictors of Events in the Coronary Tree) study.³⁰ More recent studies have shown the utility of intravascular imaging, including near-infrared spectroscopy (NIR), for identification of vulnerable lipid-rich plaques (LRP) that may be physiologically non-flow-limiting, but pose a high risk of rupture in the coronary tree, combined with a randomized, controlled, intervention trial (PROSPECT ABSORB).^{31,32} Further research is warranted to discover whether or not treating these LRP in advance can lead to better clinical outcomes. As a result of these findings, the development of clinical techniques to detect susceptible plaques is essential for real progress toward the goal of reducing cardiac risk by revascularization. Prognostic endpoints in patients with stable CAD can be

improved using these technologies in conjunction with the best possible medical treatment.

TECHNICAL CONSIDERATIONS

Pitfalls in physiological assessments

Prior to or following a PCI procedure, precise physiological measurements may only be made by adhering to a certain set of guidelines. It is common to run across problems with determining the best assessment method, but most of these issues may be readily fixed. For any physiological evaluation, the most prevalent errors, their repercussions, and methods for correcting them are outlined in table 1 and figure 2.

Technical considerations specific to post-percutaneous coronary intervention physiological assessments

As the vessel reacts to stenting, it is usual for patients to experience coronary vasospasm after PCI. Following PCI, intracoronary nitrates should be administered before repeating a physiological evaluation, regardless of the method used.

Pressure wire advancement may be difficult in the post-PCI context, especially in more intricate stented segments. A good method is to run the pressure wire alongside the workhorse wire. Consider the possibility of advancing a pressure wire through hidden ruptures or dissections, which may not be visible angiographically if the post-PCI haziness is severe. There may be an advantage to the use of a dual lumen catheter for wire exchange distal to stenting, although dampening of the proximal aortic pressure through the guide catheter reduces this technique's accuracy. Dedicated microcatheter-based pressure sensors are now in use, although the system overestimates lesion severity due to a pressure impact caused by the catheter across the vascular segment under assessment.³³ Over-the-wire microcatheters can be utilized to replace the workhorse wire with a pressure wire, and a trapping balloon technique can be used to separate the microcatheter from the guiding catheter to avoid these causes of error. This more complicated solution is helpful in ensuring accurate hemodynamic readings.

Preliminary research focused on the validity of non-hyperemic pressure ratio (NHPR) following PCI. Following PCI balloon inflation, there is a potential for an extended period of hyperemia. Resting circumstances must be restored before NHPR measurement to avoid persistent hyperemia, which reduces the NHPR value. Hyperemia following coronary blockage only lasts about 1 minute, on average, according to current findings.³⁴ As a result, resting conditions are often recovered in the time it takes to conduct post-PCI physiological tests.

Table 1. Common pitfalls in physiological assessment technique and resolution methods

Pitfall in assessment	Technique description	Physiological result	Resolution aim
Omission of therapeutic heparin dose	Subtherapeutic anticoagulation prior to instrumentation of coronary artery	Thrombus formation in catheter or on pressure wire	Ensure therapeutic dose unfractionated heparin administration for every pressure wire assessment
Omission of intracoronary nitrates	Spasm of coronary artery during instrumentation	$\downarrow$ Pd = $\downarrow$ FFR Stenosis severity overestimated	Intracoronary bolus glyceryl trinitrate titrated to blood pressure prior to normalization
Failure to perform normalization	Poor calibration of Pa and Pd trace	Fixed error in Pd/Pa ratio	Normalize every assessment and ensure Pd/Pa=1.00 before passing wire distally
Failure to remove needle introducer	Presence of the needle introducer in the hemostatic valve precludes accurate Pa assessment	Needle introducer $\downarrow$ Pa = $\uparrow$ FFR Stenosis severity underestimated	Always remove needle introducer prior to normalization, and again prior to measurement of FFR
Damped Pa trace	Guiding catheter “wedged” trace occurs when the guiding catheter position abuts the arterial wall	$\downarrow$ Pa = $\uparrow$ FFR Stenosis severity underestimated	Ensure coaxial catheter position, use smaller guiding catheter
Ostial stenosis	Ventricularization of Pa trace due to catheter damping in presence of ostial stenosis	$\downarrow$ Pa = $\uparrow$ FFR Stenosis severity underestimated	Retract catheter into aorta. Perform normalisation with pressure sensor in aorta
Use of side hole catheter	Pa inaccurately measured due to the presence of side holes in the aortic root	$\uparrow$ Pa = $\downarrow$ FFR Stenosis severity overestimated	Do not use side hole catheter for physiological assessments
Whipping artefact	During systole, the pressure wire contacts the arterial wall creating Pd artefact	$\uparrow$ Pd = $\uparrow$ FFR Stenosis severity underestimated	Easily recognized, retract or advance several millimeters to new position and retest
Wire signal drift	Development of piezoelectric pressure sensor electronic signal offset during assessment	Inaccurate FFR measurement in either direction. Stenosis severity underestimated or overestimated	Always perform a “drift check”. Where Pd/Pa falls outside 1.00 ± 0.02 , re-normalize and repeat assessment
Incorrect FFR assessment point	Consoles typically report the lowest Pd/Pa measured, but FFR should be measured at stable hyperemia	$\downarrow$ FFR Stenosis severity overestimated	Manually adjust the FFR assessment point to the period of stable hyperemia

Source: Al-Lamee et al.²³

Pd: resting distal coronary pressure; FFR: fractional flow reserve; Pa: normal aortic pressure.

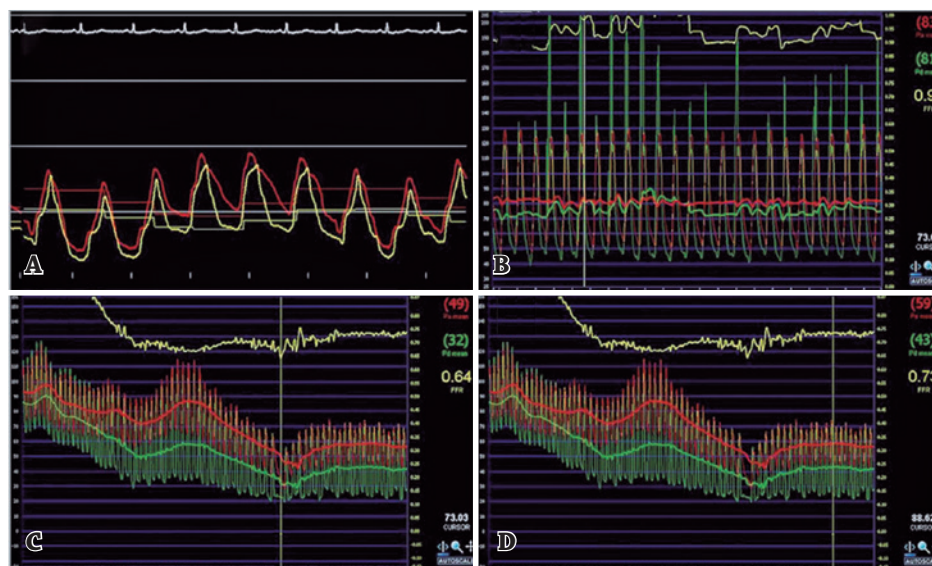
Source: Al-Lamee et al.²³

Figure 2. Pitfalls in the assessment of coronary physiology. (A) Example of damped normal aortic pressure trace with a characteristic waveform. (B) Example of whipping artefact. (C) Example of an incorrect cursor position to measure fractional flow reserve. The console may default measurement to the lowest resting distal coronary pressure/normal aortic pressure value. However, this position does not correspond to stable hyperemia and will overestimate stenosis severity. (D) The cursor has now been adjusted to ensure that fractional flow reserve is measured at a period of stable hyperemia.

The goals of post-PCI physiological assessment are to determine a suboptimal hemodynamic result and, secondly, to identify the root cause. For the first aim, we believe that either an FFR or an NHPR could be utilized based on the provided data. To further understand the underlying mechanism of post-PCI ischemia, an NHPR is more suited for pullback and co-registration in these cases. Using a hypere-mic pressure ratio for pullback assessments in the post-PCI scenario may be prone to the same constraints as in the pre-PCI setting, namely hemodynamic cross-communication between sick segments of the same channel.²⁰

BASIC CONCEPT OF ARTIFICIAL INTELLIGENCE IN CLINICAL MEDICINE

Massive growth has been achieved by the AI industry in various fields, including medicine in the past decade. Artificial intelligence works from two prospective along with mathematics and computer science,³⁵ which are the development of algorithms³⁶ and high yield computing infrastructure.³⁷ Artificial intelligence work in various other fields with much sharper capabilities in digital storage, computing power and data collection. These days technology that potentiates the speed and breadth of knowledge and information helps in the development of AI. Development in technology helps in development of AI algorithm, which further enables collection of a large amount of data.

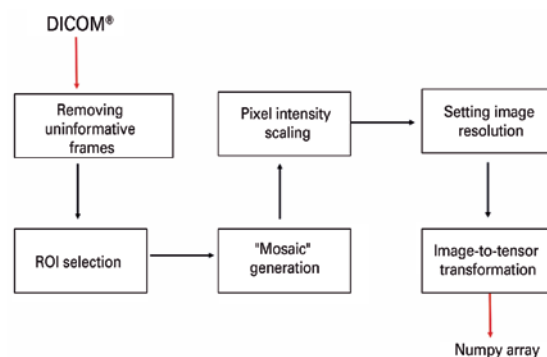
In the early stages of AI in the medical field, it mainly focused on computer and electronic controls of medical tasks; however, recently it is more focused on prognosis and risk prediction. Various studies have demonstrated the role of AI in daily basis activities for assisting clinicians in their work for diagnosis, reporting and prognosis. But most AI applications are not used regularly in clinical practice rather they are more useful for research purposes. Some successful implementation has been seen and a list of all Food and Drug Administration (FDA) cleared AI algorithms for radiology was published by the Data Science Institute of the American College of Radiology. Some AI applications are not useful for clinical purposes.^{38,39} For example, Zech et al. worked on convolutional neural networks (CNN) across their pneumonia screening and they concluded data produced by CNN is worse compared to others.³⁸ For implementation and acceptance of AI in the medical field, proper assessment is required in the clinical setting.

Artificial intelligence algorithm validation was evaluated by Kim et al. and published in AI research papers for different medical fields, like dermatology, pathology and radiology.³⁹ They reported that for the assessment of AI applications, only 6% of studies used external validations.³⁹ For improvement in the validation of AI algorithms in medical fields, several guidelines have been published.⁴⁰ Nowadays, for validation of AI algorithms externally, many papers have been published.⁴¹ Along with this, proper implementation of several guidelines is the topical need for

the protection of patient privacy and cyber security, which further creates awareness and shares information among clinicians for promoting AI application acceptance.

A white paper on AI was released by the European commission in February 2020, and provides information about the guidelines for use of AI applications in medical fields.⁴² These European Union guidelines provide a high level of protection of patient privacy and cyber security through medical device and data protection laws. They further asked for the addition of some specific regulations, such as the need for training, data, maintenance of records, accuracy, transparency, and revaluation by humans. FDA also released some statements for use of AI in medical fields. Quantifications of applications by medical assistance and medical data clinical interpretation applications by medical require more elaborated FDA approval.⁴³

Along with some legal activities for medical AI, a significant role is also played by certain ethical frameworks.⁴⁴ Some issues, such as gender, race, and economical aspects, should be evaluated and discussed together with the implantation of medical data. Risk prediction and prognosis should be evaluated with AI for limiting options and health insurance coverage in some groups of patients. It is necessary to learn to maintain the proper balance between risks and benefits equally when using AI. The joint European and American multi-society task force goes through these issues and states that AI implementation in the medical field requires more research.⁴⁵ Figure 3 shows the process of Digital Imaging and Communications (DICOM®) image elaboration for the development of the deep learning algorithm.⁴⁶



Source: Muscogiuri G, Assen M, Tesche C, Cecco CN, Chiesa M, Scafuri S, et al. Artificial Intelligence in Coronary Computed Tomography Angiography: From Anatomy to Prognosis. Hindawi. BioMed Research International. 2020. <https://doi.org/10.1155/2020/6649410>. Figure 1: Streamline used for the development of images useful for DL algorithm starting from DICOM images; p. 3.⁴⁶ ROI : region of interest.

Figure 3. Starting with Digital Imaging and Communications pictures, this pipeline was utilized to create images appropriate for the deep learning algorithm.

ARTIFICIAL INTELLIGENCE IN THE EVALUATION OF ISCHEMIA BY USING THE VARIOUS IMAGING METHODS

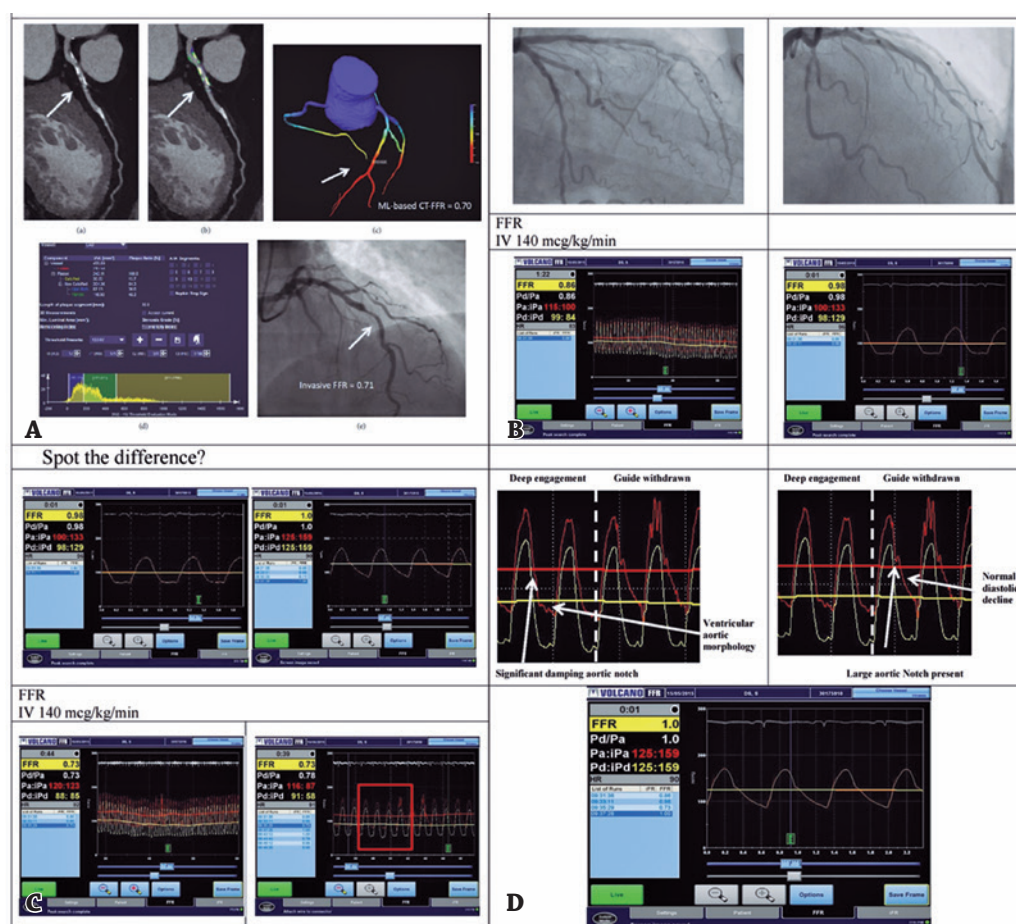
At present, progress and research in AI applications are implemented for the assessment of CT-derived myocardial ischemia. For observation of hemodynamically significant CAD, most of the AI applications published use CT-perfusion. Only one vendor provides ML solutions concerning CT-FFR.⁴⁷ Lately, Keya Medical, from Beijing, China, announced a software application that is commercially available.⁴⁸

Machine learning-based CT-FFR uses multilayer neural network which uses a virtual dataset of 12,000 synthetic three dimensional coronary models against the computational fluid dynamics (CFD) approach.⁴⁹ Several single-center and one multicenter trial were organized for clinical validation of the ML approach, to assess lesion-

specific ischemia along with invasive coronary angiography and coronary CT angiography. A representative case is shown in figure 4.

Application of AI provides identification of perfusion defects and myocardial segmentation through CT-perfusion. By usage of different ML approaches, introductory results have shown an appropriate use criteria of 0.73 for automated segmentation, when compared to manual segmentation by the skilled professional reader.⁴⁹

Of all physiology measurements 30% are unsuitable for interpretation. Physiological guidance by AI can help in signal stability, pressure drift and pullback pattern recognition. The development of smart monitoring devices based upon artificial intelligence and various parameters in these devices can be considered, so that it is able to recognize several physiological waveforms. Artificial intelligence works



Source: the authors.

FFR: fractional flow reserve; IVUS: intravenous.

Figure 4. Coronary computed tomography angiography in a coronary artery disease patient. (A) Curved multiplanar reformations created automatically revealing more than 50% stenosis of the proximal left anterior descending artery (arrow). (B and D) The primarily calcified makeup of the atherosclerotic plaque is demonstrated by color-coded computerized plaque assessment of the lesion. (C) The computed tomography-fractional flow reserve value of 0.70 on the three dimensional color-coded mesh indicates ischemia of the underlying stenosis (arrow). (D) With an fractional flow reserve of 0.70, invasive coronary angiography confirms obstructive stenosis of the left anterior descending artery (arrow).

by combining a large set of data to a system, and then using the various algorithms to process data. Before combining the data, developing a comprehensive data set is the initial step, further tutoring the artificial intelligence on what is a beat, and also guide it about which several distinct types of beats are crucial steps.

CONCLUSION

Artificial intelligence is fetching a progressively essential role in the healthcare system. Earlier, it had a role in the processing of static images and the quality of care in clinical settings. For the revolution of health data science across the industry, academia, and national health services, growing the intrasectoral support is beneficial for cardiologists who have a huge interest in artificial intelligence. To potentiate the growth of advanced healthcare analytics, an independent organization named Health Data Research UK is working to bring funders and researchers together. Recently, to empower the responsible research at a large scale by the usage of advanced analytical methods and diverse cardiovascular data resources, an announcement has been made by the British Heart Foundation to do a partnership with Health Data Research UK. Such types of initiatives can foster the biomedical research by providing an opportunity to efficiently access clinical data of good quality at a huge scale.

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CONFLICTS OF INTEREST

The authors declare there are no conflicts of interest.

CONTRIBUTION OF AUTHORS

Conception and design of the study: RM, DD and DM; data collection: RM, DD and DM; data interpretation: RM, DD and DM; text writing: RM, DD and DM; approval of the final version to be published: RM, DD and DM.

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